2023 Spring Forum



April 25, 2023
Waltham Woods Conference Center



SAVE THE DATE

Healthcare Innovation Summit

Thursday, November 2, 2023 Boston, MA

ACHE of MA invites you to an interactive day of cross-sector thought leadership, networking, and knowledge exchange.

Patient + Provider + Payer + Policy + Producer + Promoter = Progress

Leaders from across the healthcare ecosystem: health systems, health plans, life sciences, healthcare technology/start-ups, and universities will share insights and innovation to solve for some of healthcare's key challenges.



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Thanks to Our Chapter Sponsors











Strategic Partners in Search

An ACHE National Update

ACHE of Massachusetts

Spring Forum: The Evolving Healthcare Landscape

April 25, 2023



My Leadership Journey



Michael Givens, FACHE COO/Administrator
St. Bernards Healthcare

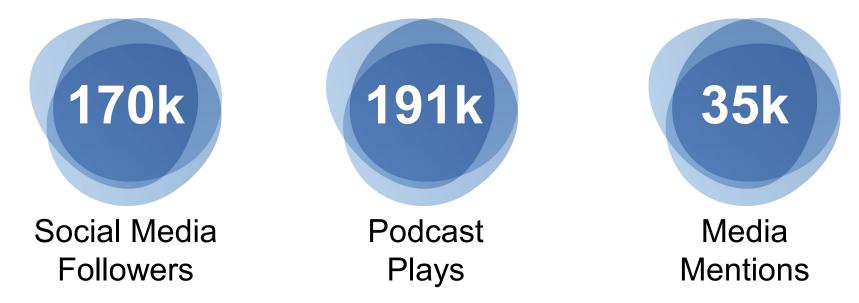
Governor with ACHE, District 1

Outline for Today

- ACHE: For Leaders Who Care
- Catalyst
- Connector
- Trusted Partner
- Leading Together for the Future

ACHE: Strength in Numbers





For Leaders Who Care



To be the preeminent professional society for leaders dedicated to advancing health.



To advance our members and healthcare leadership excellence.



Integrity, Leadership, Lifelong Learning, Diversity and Inclusion

ACHE's 2023-2025 Strategic Plan

Vision

To be the preeminent professional society for leaders dedicated to advancing health

Mission

To advance our members and healthcare leadership excellence

Core Values

Integrity • Lifelong Learning
• Leadership •
Diversity and Inclusion



Catalyst

As a Catalyst, achieve our highest calling to advance health by leading through the lens of equity.





As Connectors, grow our professional community of leaders across the healthcare continuum by leveraging our partnerships with chapters and other organizations.

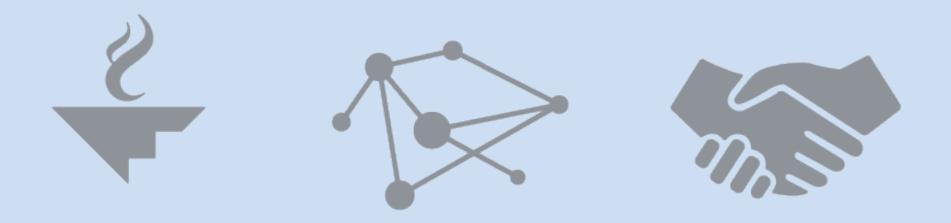
Trusted Partner



To expand our role and influence as a Trusted Partner to help leaders reach their highest potential to lead.



CATALYST CONNECTOR TRUSTED PARTNER

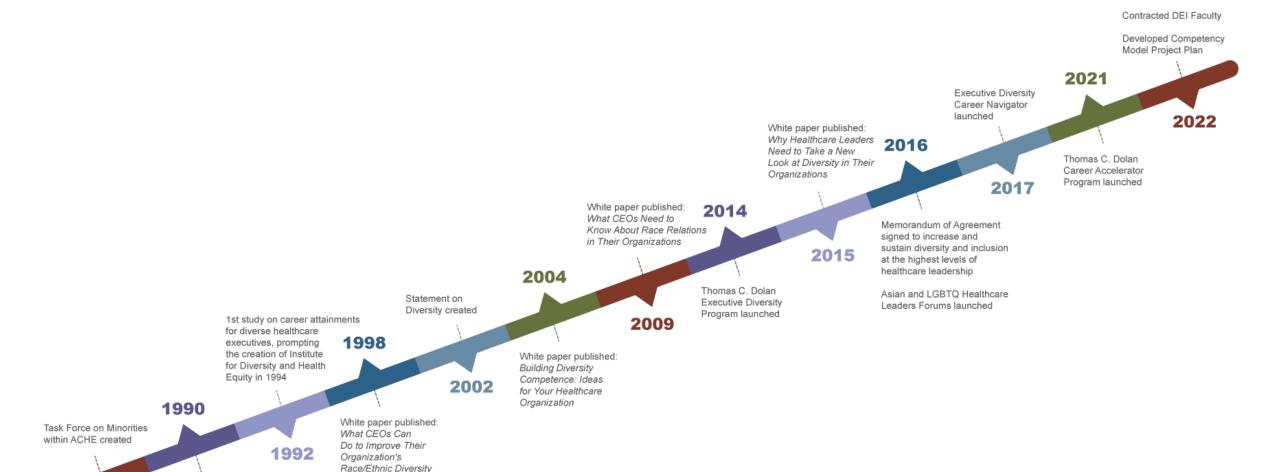


Catalyst

Leading in Diversity and Inclusion for Over 30 Years

ACHE Minority Internship established

1968



Fund for Healthcare Leadership



"We all know that many people who have the right leadership qualities can grow in their positions, but participating in programs like the Dolan Executive Diversity Program help us to do it more efficiently, accelerating our ability to grow, innovate, participate and contribute to overall healthcare."

Rahnia J. Boyer

Thomas C. Dolan Executive Diversity
Program Scholarship Recipient

Partnering to Advance Diversity and Inclusion

The Equity Collaborative

Asian Healthcare Leaders Community



An affiliate of the American Hospital Association







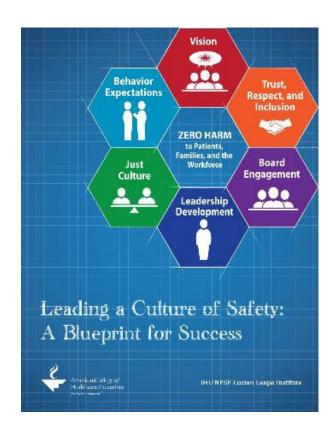
Leading for Safety

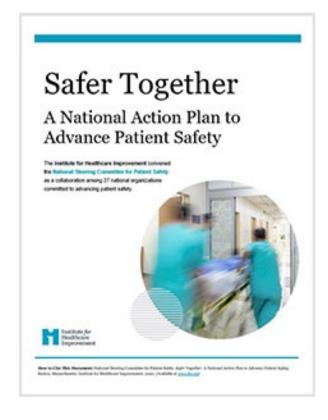
Driving Toward Zero Preventable Harm

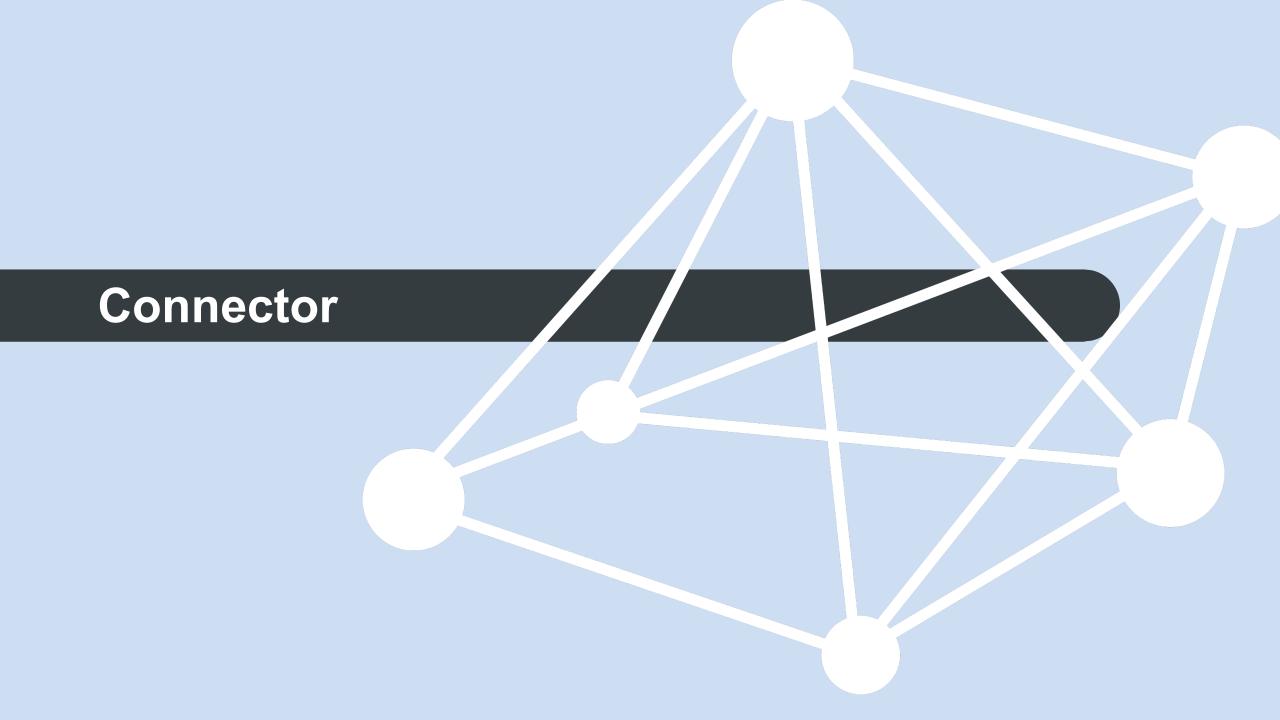




ache.org/Safety







Connecting with Colleagues



Members are connected to a network of healthcare leaders across the country and around the world.

Connecting Locally



Chapters



Events



Attendees



Attendee Hours

Connecting Through Collaborations



Improving outcomes for patients is an important bond we share with our clinical partners.

- American Academy of Physician Assistants
- American Physical Therapy Association
- American Society for Anesthesiologists
- American Society of Health-System Pharmacists

Trusted Partner

Your Partner in Learning



Foremost provider of continuing education and publications for healthcare management and leadership:

- More than 300,000 hours of education delivered nationally, locally and virtually.
- New in 2023: Free webinars

ache.org/Education

Leadership sium Symposium

Tuesday-Wednesday May 9-10, 2023



Your Partner in Learning: FACHE











































ache.org/FACHE

Fellow of the American College of Healthcare Executive
The Distinction of Board Certification

Your Career Resource Partner

Helping members navigate career development and professional transitions every step of the way.

ache.org/Careers



Your On-Site Learning Partner

Invest in professional development tailored for your organization

Let us bring our experts to you.



- Content and format tailored to your organization's needs.
- Delivered on your organization's schedule.
- Option to include skill-based assessments for individuals and teams.
- ACHE Face-to-Face Education and Joint Accreditation credit (MD/DO, PA, RN, PharmD).

Supporting Our Mission

ACHE Premier Corporate Partners



Insight. Innovation. Transformation.









Thank you

PANEL DISCUSSION



An Independent Chapter of

AmericanCollege of HealthcareExecutives

for leaders who care®



THE STATE OF HEALTHCARE ACHE OF MASSACHUSETTS

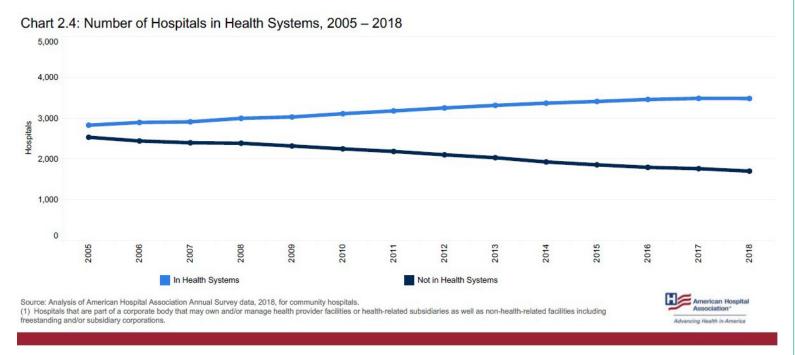
April 25, 2023

Charlie Buck



BACKGROUND

Source: AHA TrendBook 2020 - Steady Rise of the Number of Hospitals in Health Systems As of 2022, 67% of Hospitals are already system affiliated.

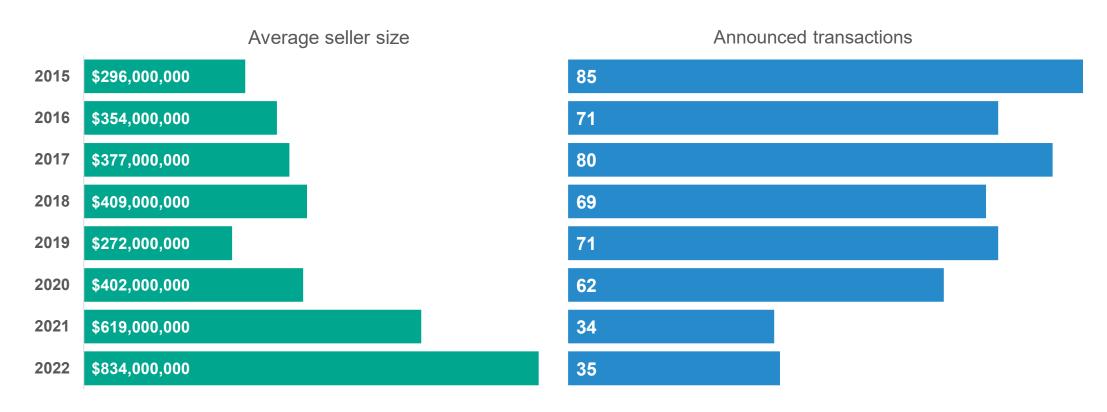


2022 FAST FACTS



BACKGROUND

HOSPITAL M&A DEALS ANNOUNCED THROUGH Q3 OF 2022



Source: M&A Quarterly Activity Report: Q1 2022 | Kaufman Hall; M&A Quarterly Activity Report: Q2 2022 | Kaufman Hall; M&A Quarterly Activity Report: Q3 2022 | Kaufman Hall

TRENDS IN THE INDUSTRY

Factors Impacting Industry Trends

- Macroeconomic and Pandemic / Endemic Effects
 - General inflation exceeding medical inflation; supply costs
 - Physician aging / workforce shortages; cost of labor
 - Lower volumes and revenue loss; push to diversify
 - Supply chain
- Increased Regulation and Enforcement
 - CMS/HHS
 - FTC Antitrust
 - States. In Massachusetts Health Policy Commission
- Payment Shifts
 - CMS payment cuts
 - Insurance / managed care pressures to manage risk (e.g., bundled payments, total cost of care)

DEAL TREND #1: MERGER OF EQUALS

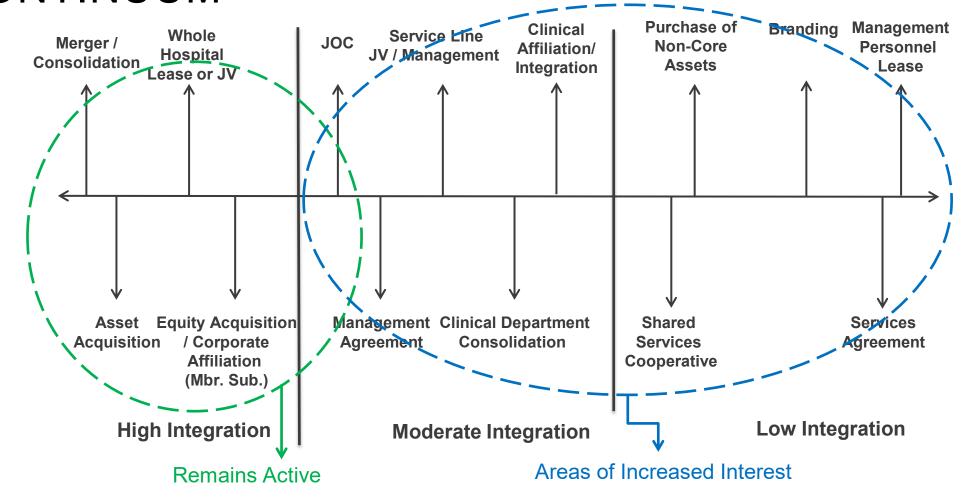
- Large, financially well-positioned health care systems across the country are increasingly pursuing "mergers of equals"
- Unique set of transaction issues, including:
 - Governance
 - Management
 - Headquarters
 - Cultural Fit

DEAL TREND #2: MERGER LITE

- "Less Integrated" Provider Transactions
 - Continued interest in affiliations and collaborations among health systems involving moderate clinical, financial and operational integration between the parties, with no change of control of either party
 - These transactions include "service line" joint operating arrangements creating a shared bottom line and clinical integration arrangements with the parties maintaining separate bottom lines
 - These "less integrated" models can create meaningful relationships with other systems in pursuit of each system's long-term strategic goals



SELECTING A STRUCTURE: INTEGRATION CONTINUUM





DEAL TREND #3: RISE OF INNOVATION INVESTMENTS

- More health systems are embarking on efforts to formalize and centralize their innovation efforts through an "innovation center," whatever form that may take, to be a key and growing part of their strategy
- Through innovation centers, health systems are partnering with industry partners to achieve goals of transforming healthcare
- By leveraging unique resources, innovation investments can further a health system's overall mission and vision, build and maintain its organizational reputation, and generate growth opportunities outside core business lines
- Investment opportunities vast
 - digital health
 - administrative functions (e.g., RCM)
 - private equity collaborations
 - start-ups
 - new clinical models (e.g., hospital at home)



DEAL TREND #4: "PAYVIDERS"

- Payors becoming providers, providers becoming payors
- Competition to health systems on physician practice acquisitions
- Health plan joint ventures between payors and providers
- Health systems building (or buying) infrastructure to better engage in the continuum of value based opportunities and pursue more of the premium dollar

DEAL TREND #5: DISTRESSED TRANSACTIONS

- Pre-COVID, bankruptcy filings in the healthcare industry had been on the rise despite an otherwise generally healthy economy
- Exacerbated by COVID, "stressed" hospitals have become "distressed"
- Closure remains last option, so repurposing facility can be viewed as success



CONSUMERIZATION OF HEALTHCARE

THE CONSUMERIZATION OF HEALTHCARE AND CHANGING MODELS OF CARE

- Provider organizations were almost entirely brick and mortar, focused on episodic, in-person encounters
- The hub of healthcare is shifting to the home
- Massive expansion in telehealth
 - Regulatory flexibility during PHE expanded reimbursement, permissible providers and services
 - Increased deployment in DTC telehealth offerings, behavioral health and substance abuse, remote patient monitoring, mail order pharmacy, diagnostic testing, chronic care support, etc.
- Evolving regulatory landscape will continue to shape coverage policies and contractual relationships between payors and providers
- Current reliance on employer-based coverage is likely to continue to be questioned
 - Higher unemployment to leave more individuals without healthcare coverage
 - Widespread changes in employment status result in "churn" (i.e., the movement between different types of healthcare coverage and uninsured status) and gaps in care, changing networks and interruptions in patient-provider relationships





Value-based care as a vehicle to make change!

Heather Trafton PA-C, MBA CEO and President, Mass Advantage, LLC

Who is Mass Advantage?

Company Overview

Founded in 2021, Mass Advantage is a **provider-affiliated Medicare Advantage** organization, offering a superior experience for patients. In 2021, we launched our first partnership and Medicare Advantage products with UMass Memorial Health Care in Central Massachusetts.

We serve ~2k members today after leading our market in back-to-back enrollment periods. We are executing on product expansion and new partnerships in Massachusetts while building a pipeline to launch in new markets in 2024+.

Our "Advantage"



Deeply integrated and aligned with health systems, including the largest academic health system in Central Massachusetts



Integrated model and benefit design provide the unique ability to manage TME effectively with minimal admin burden



We provide **personalized care navigation** for members for **seamless access to care**

UMass Memorial Health: Our anchor health system

- Largest health system in Central Massachusetts
- **1.7k** medical staff
- 46k member ACO
- 1,100+ licensed beds
- 220k annual ED visits



Investors



Eric Dickson, MD,
MHCM, FACEP
President & CEO of UMass
Memorial Health



Jack Shields
CEO, Shields Health
Innovations; Founder,
Shields Health Solutions



Thomas ScullyGeneral Partner, Welsh,
Carson, Anderson & Stowe;
former CMS Administrator

We built Mass Advantage as a payvider to solve critical challenges in healthcare

Problem



Solution

Provider incentives are misaligned to focus on volume of encounters rather than holistic patient health and wellness



We meet health systems where they are in beginning or catalyzing the transition to value-based care

Insurance companies overreach into provider-led healthcare through antiquated "utilization management" requirements



Close partnership w/ health systems and their provider networks allows us to manage TME without red tape or overreach

Health care is costly, confusing and difficult to navigate between insurer and providers



Simplifies care navigation, results in fully integrated system improving people satisfaction & long-term stickiness

Insurance companies are buying PCPs to take revenue <u>from</u> health systems, negatively affecting care coordination



We create **health plans** <u>for</u> health systems to increase revenue capture, rather than lose it to traditional insurers

Fully integrated plan and provider input result in differentiated products

Differentiation through UMMH affiliation



We're committed to getting members into a PCP or specialist within 10 days of contacting our Love My Service team



We'll cover non-emergency **transportation**, in addition to **free parking** (via flex card) including at UMMH facilities



UMMH providers have a **direct line to our CEO**, Chief Medical Officer, and Provider Relations team, which all receive rapid, personalized responses



All diabetic members will have access to the UMass **Diabetes Center of Excellence**



Access to in-home care through UMass Hospital at Home, and potential future in-home care via UMass

Mobile Integrated Health



We continue to identify new ways to reduce administrative burden (incl. reduction of prior auths) for providers and care teams



Integration of care mgmt. (incl. pop health, risk adj., quality mgmt.) with UMass (e.g., Office of Clinical Integration) allows us to simplify & streamline for providers

Built with UMMH providers for their community Mass Advantage UMMH provider feedback product response Build in flexibility for providers to guide Flex wallet built into all plans patients in care mgmt Partnered w/ local vendor Enable PCPs to guide patients to pre-diabetic and enabled payment nutrition counseling through flex wallet Make parking free for Free parking (via flex card) for SSBCI-eligible members members Add in-home support and / Added trial offering to HMO or caregiver respite plans Created a snowbird provider network Create a snowbird network (limited counties in FL & AZ) Established rewards & Incentivize value-based incentives program across behaviors all plans

Value-based Care:

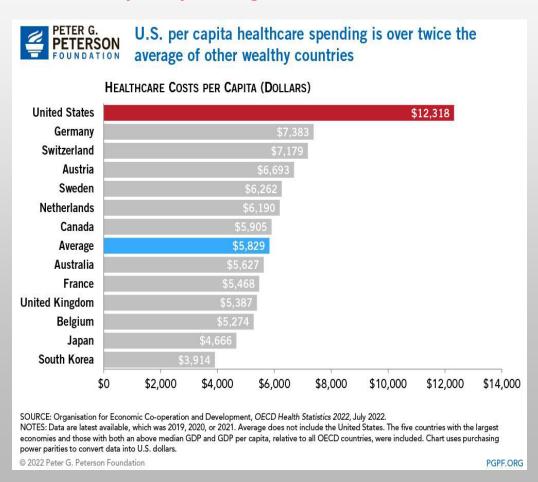
A Vehicle for Change in Healthcare Delivery



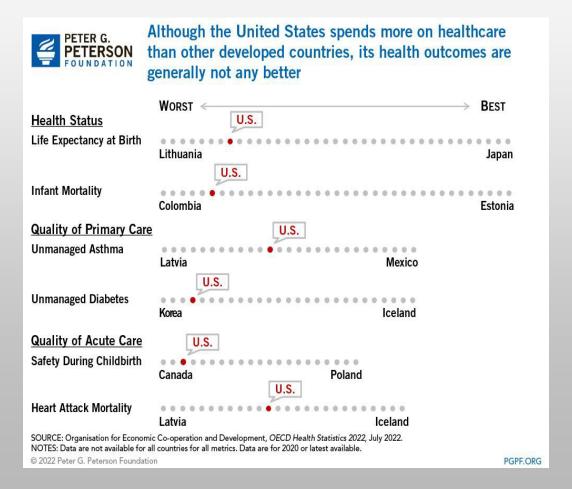
Today's healthcare is NOT delivering value as a whole

The trust fund for Medicare Part A benefit reserve will be depleted after 2026

Per capita spending is not sustainable....

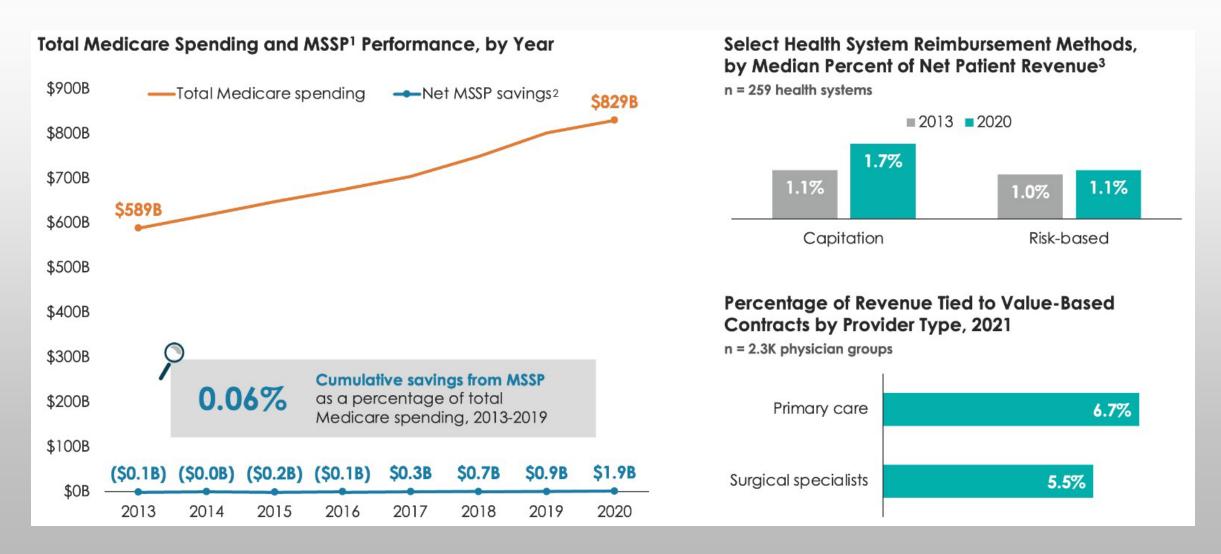


...and outcomes rank among the lowest!



We're in the "1st inning" of volume-to-value transition

Current value-based spend and savings represent a small fraction of total medical spend.



Notes: ¹ Medicare Shared Savings Program; ² Savings to Medicare after bonus payments; ³ Median values calc'd separately for each metric (full profile doesn't sum to 100%)

Source: Gist Healthcare

Using Medicare Advantage as a proxy to evaluate outcomes under full risk

When comparing Medicare Advantage outcomes to MSSP outcomes, MA delivers lower cost and better quality

Comparing rates of avoidable hospitalizations by high-cost, high need group

Average PMPY spending was 22% to 26% higher for MSSP ACO compared to risk adjusted MA beneficiaries

Higher MSSP ACO spend associated with higher outpatient and inpatient spending across 4 disease-specific cohorts

	Disabled <65			Frail Elderly			Major Complex Chronic			Overall Population		
Measure	Medicare Advantage (%)	Traditional FFS Medicare (%)	Diff	Medicare Advantage (%)	Traditional FFS Medicare (%)	Diff	Medicare Advantage (%)	Traditional FFS Medicare (%)	Diff	Medicare Advantage (%)	Traditional FFS Medi- care (%)	Diff
Number of beneficiaries	252,820	252,820		94,832	94,832		233,572	233,572		1,262,180	1,262,180	
Avoidable Hospitalizations - Acute Conditions	Not Applied			4.5	8.1	-45%	2.0	4.7	-57%	2.3	4.7	-51%
Avoidable Hospitalizations - Chronic Conditions	Not Applied			19.9	28.7	-31%	10.4	19.0	-45%	12.1	20.0	-40%
Avoidable Hospitalizations - Any Condition	Not Applied			23.2	35.9	-35%	11.9	22.9	-48%	13.3	23.2	-43%
All-Cause Readmissions	11.8	12.0	-2%	12.3	12.6	-3%	7.7	8.8	-12%	10.4	11.0	-5%
Physician Office Visit Within 14 Days of Discharge	68.4	54.2	26%	73.9	51.9	42%	69.8	66.7	5%	69.9	57.6	21%

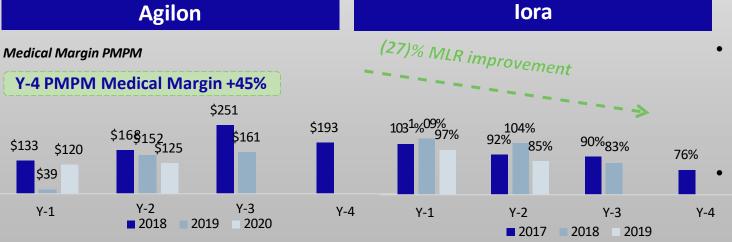
Data: Centers for Medicare and Medicaid Services 100% Medicare Part A/B FFS Claims and 100% Part D Prescription Drug Event Data (PDE); Inovalon's Medical Outcomes Research for Effectiveness and Economics Registry (MORE2 Registry*)

Note: Calculations may differ due to rounding

Investors are betting on the business models under risk: early data suggests they are right

Business models vary (partner, acquire, or build), but the outcome is the same: <u>Lower MLR and increased profits</u>





Investor research is bullish on enablement

- Enablement capabilities have the power to help all health care stakeholders: payors (multiple lines), patients, physicians, health systems, & communities (especially underserved)
- Over the next decade health insurers will increasingly become financing mechanisms for the delivery of healthcare (think life insurers), moving out of the way for physician to manage the providers with "enablement capabilities" to manage the health of Americans
 - There will be losers as enablement expands, most notably inefficient sites of care but physician enablement is about the optimization of resources & moving the economics of value to the providers

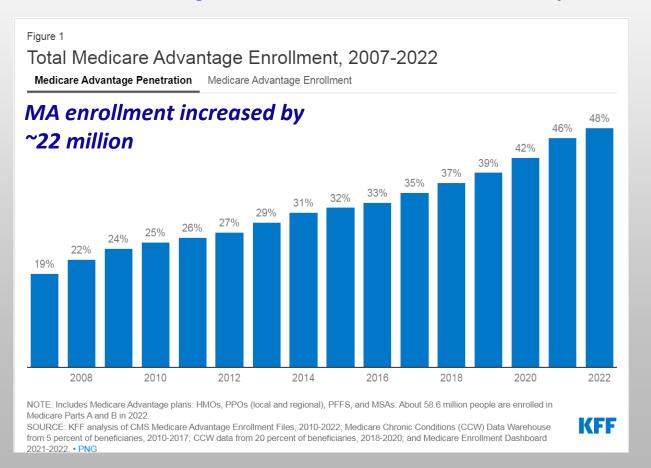
"We would go so far as suggesting that this sector has the opportunity to create more value for shareholders than any subsector we have seen in the past two decades..."

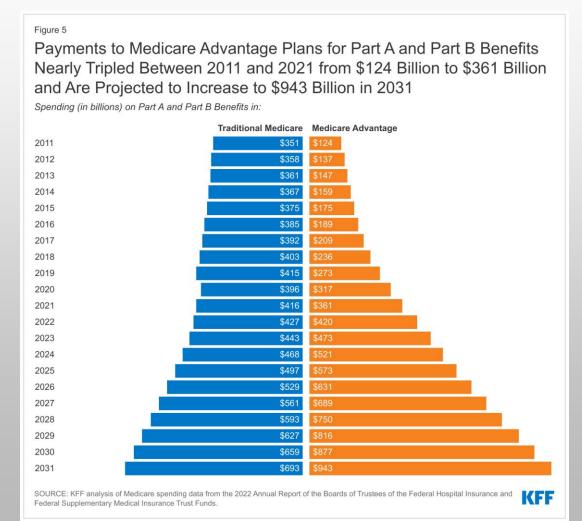
Source: Public filings.

The growth trajectory & economics of full risk in Medicare Advantage create significant opportunities for market disruption

Growth trajectory of Medicare spend in Medicare Advantage is staggering; there is a race to control and capture the spend of Medicare \$

63M Medicare eligible; with some counties > 60% MA penetration

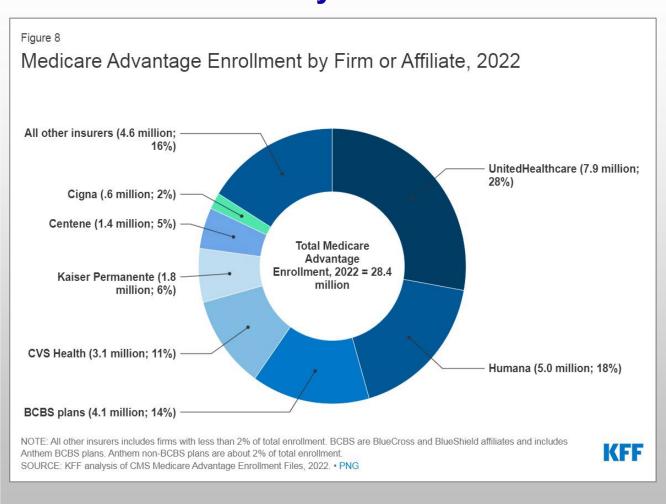


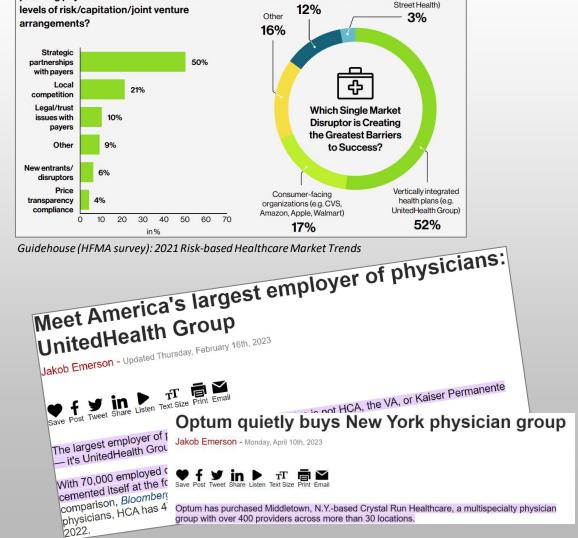


Who has the market share of Medicare \$ through MA and what does this mean for health systems?

What is your top external challenge with

pursuing payvider models or increased





Specialty-specific "payviders"

(e.g. oncology, nephrology)

National primary care

"payviders" (e.g. Oak

Billions invested in covered lives through primary care and provider acquisitions

Health systems and academic medical health systems can't compete with these investments!

Transformational leadership and strategic planning is necessary to protect providers and covered lives. PCP and Patient retention strategies are a priority with the goal of developing P&L services lines outside the four walls of traditional facilities. Losing PCPs and covered lives will result in the loss of control and input into how health care dollars are spent.



Humana

VALUE-BASED CARE

Humana, WCAS Throw \$1.2 Billion into CenterWell Senior Primary Care Expansion

By Joyce Famakinwa | May 16, 2022



Walgreens Boots Alliance Makes \$5.2
Billion Investment in VillageMD to
Deliver Value-Based Primary Care to
Communities Across America



CVS closing in on deal to buy Oak Street Health to expand primary care footprint: WSJ report

By Heather Landi • Feb 6, 2023 10:02pm

Models vary, but similar end-goal: improve care and align incentives

There are a wide range of business models that are addressing these issues. Models vary by method of approach, but they all work to address the same underlying issues

	Privia	One Medical / Iora	Evolent Health	P3 Health Partners	Agilon	Apollo Medical	Oak Street Health	Alignment Healthcare	
				Level of risk	c bearing				
Primary Focus	All payers			Medicare Adva	ntage (MA)	All payers	Medicare Advantage (MA)		
Risk Model:	Various (Some shared-savings, some downside, some upside only). Limited full risk, but moving toward higher risk models.	100% of risk with Iora VBC lives, FFS for rest of business. No risk for core One Medical annual membership fees	Majority of lives full-risk Pathways to Success (CMS) is full risk program.	100% of risk, fully delegated services model for majority of business; some sub- capitated risk agreements with Specialists	100% of risk	Various (mix of full-risk, shared savings, FFS)	100% of risk (for MA population); some novel sub-capitation models with New Century Health (Evolent)	2/3 of lives under full risk, 1/3 of lives sub-capitated to other risk based organizations	
Primary Care Center model:	No ownership in physical sites, provider partners own real estate.	One Medical/Iora Offices in urban locations. Typically 7-8 provider offices per location.	No ownership in physical sites, provider partners own/rent real estate	No ownership in physical Sides, provider partners own/rent real estate	No ownership in physical sites, provider partners own real estate	No ownership in physical sites, provider partners own real estate. Company owns some ancillary services sites.	OSH centers with treatment rooms and social activity center. Leased centers, not owned.	No ownership in physical sites, provider partners own real estate.	
Care model:	IT-enabled (partner with athenahealth), partner PCP led with some specialist providers too	IT-enabled internal care team, PCP led.	IT-enabled (Identifi platform): enables high ROI based on prioritized interventions. Internal care team; partner PCP-led	IT-enabled (partner with athenahealth), partner PCP led with embedded care teams, develops a network of specialty Providers	IT-enabled, partner PCP led with agilon embedded teams	IT-enabled (EHR agnostic), partner PCP led with embedded care Teams	IT-enabled (OSH Canopy) internal care teams (employed providers and social workers)	IT-enabled (AVA platform), PCP contracted network + internal team for at-risk patients (Care Anywhere)	
Employed Providers?	No	Yes	No	No	No	No	Yes	No	
Detailed Overview	Partnered groups (indep. or hospital owned / affiliated doctors) move to a single Privia tax ID in each market; annual evergreen relationships. PCPs get 60% of residual income in Medicare risk business.	Employed doctors, expand number of providers per center as local membership expands.	Grown rapidly from inception in 2020 to 100k+ lives / \$1.1B+ premium under management in 2022	Affiliate model. PCPs receive P3 team/tech to enable VBC. PCPs get same FFS rates plus financial upside from increased patient access and improved outcomes. 50% share in residual income from MA business.	20-yr partnerships with independent PCP group anchors. Typically a 50%/50% share in residual income in MA risk business	Affiliate model where PCPs receive benefit of AMEH team/tech to enable VBC. PCPs receive same FFS rates plus financial upside from value-based bonuses.	Employed providers, typically 6 care teams per center (one PCP, one NP, one scribe, one other medical practitioner per team)	Employed providers (to manage care coord. for highest risk members); also network of contracted providers (typical managed care groups of in-network, contracted providers)	

Source: Third-party research.

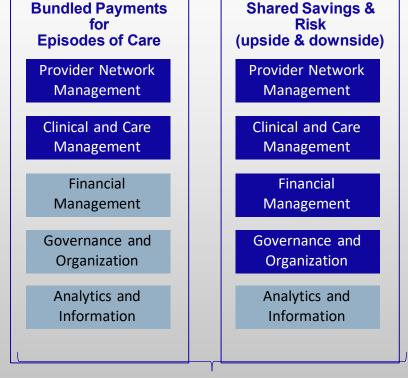
Transitioning FFS to Value: What does it take?

Organizational Commitments:

- 1. Different but integrated Infrastructure
- 2. Transitional Leadership
- 3. Accountable leadership with P&L responsibility for value
- 4. Established aligned incentives
- 5. Focus on Primary Care innovation
- 6. Care outside the 4 walls but captured revenue for the system

Capabilities required under common value-based risk models:







capabilities.

Level of risk can vary depending on arrangement

Level of Capabilities Required

Low Medium High

Degree of complexity / risk sharing and potential for efficiency and quality improvement

Be the disruptor Let VALUE be your target

Thank you,
Heather Trafton, PA-C, MBA
Heather.Trafton@massadvantage.com

HX23

Changing the Paradigm

Creating a virtuous cycle for employees and physicians

Jessica Dudley, MD Chief Clinical Officer, Press Ganey



A vicious cycle is upon us





Paradigm Shift with Focus on Solutions

Burnout -> Engagement

Hiring -> Optimize

Individual -> Team

Survey -> Listen

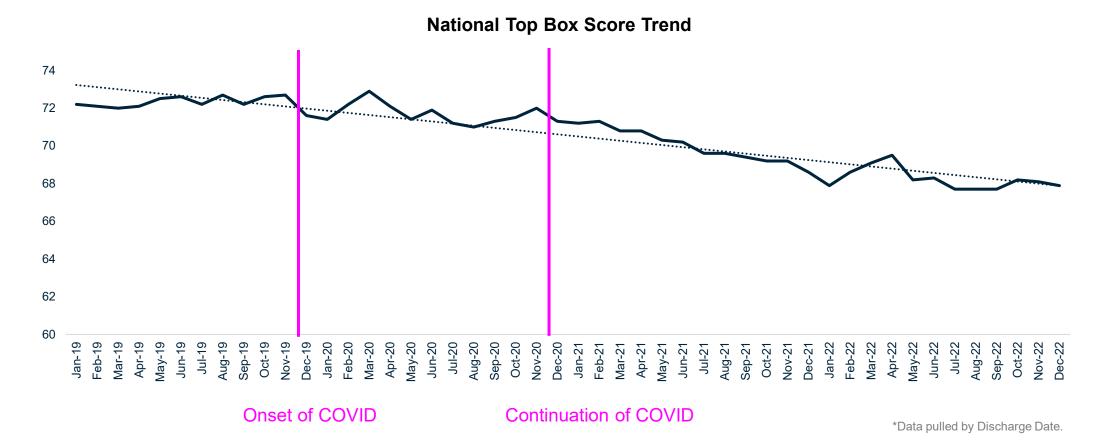
Silo -> Integrated



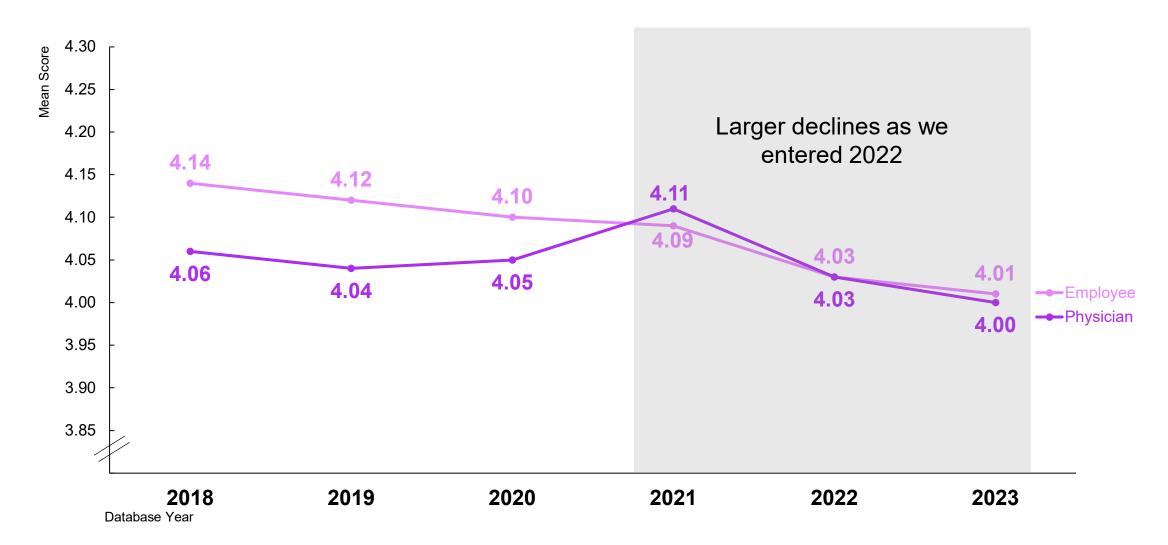
National Trends in PX

HCAHPS RECOMMEND THE HOSPITAL

For inpatient, there has been a downward trend in LTR the hospital.



National Caregiver Engagement Trends

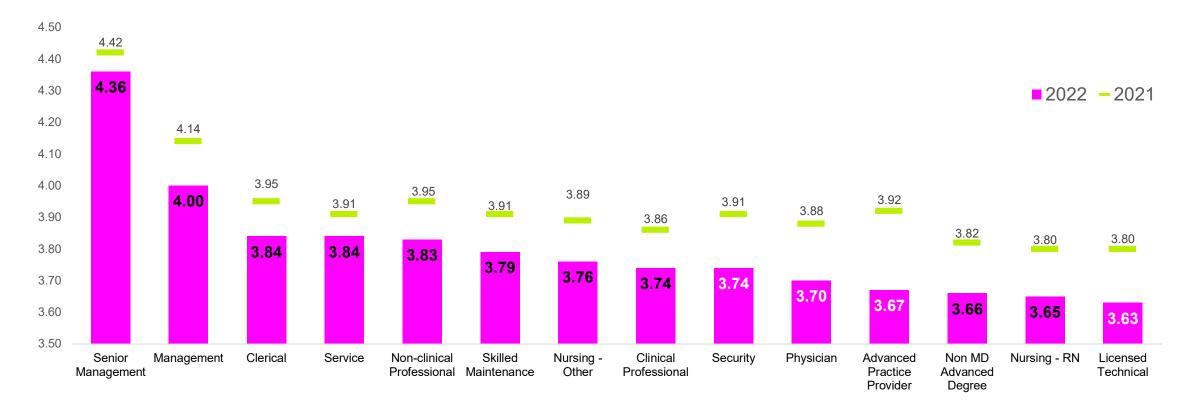




"I Would Stay With This Organization if Offered A Similar Position Elsewhere" By Position

Key Takeaways

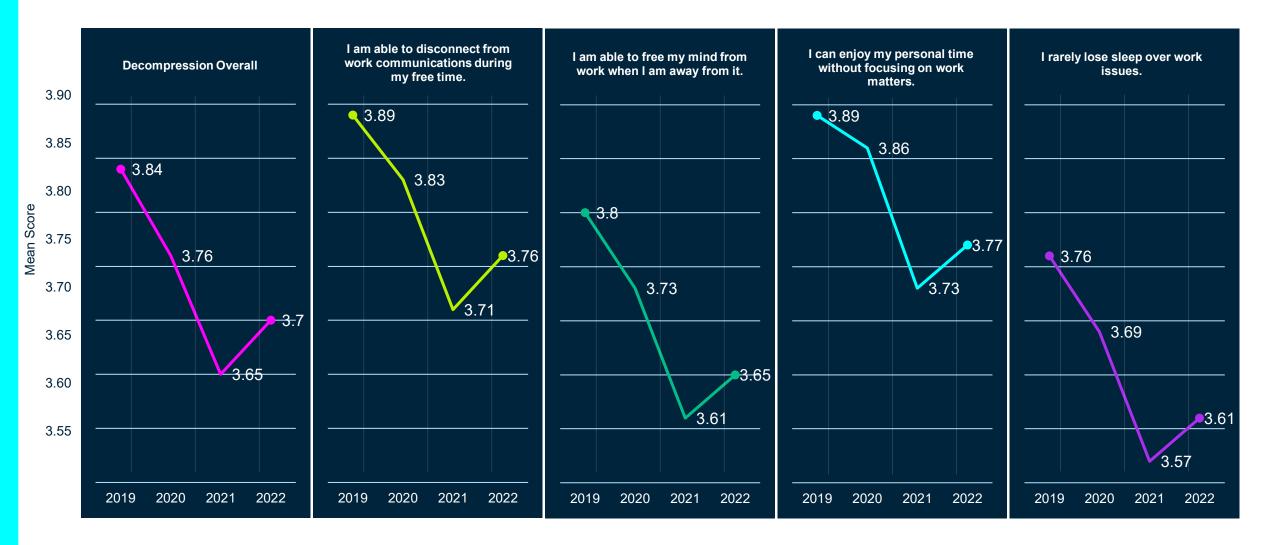
- In the last year, greatest declines are seen in Advanced Practice Providers and Physicians
- Management, Licensed Technical, and Security declined more than we have seen in prior years
- Senior Management is the least impacted group



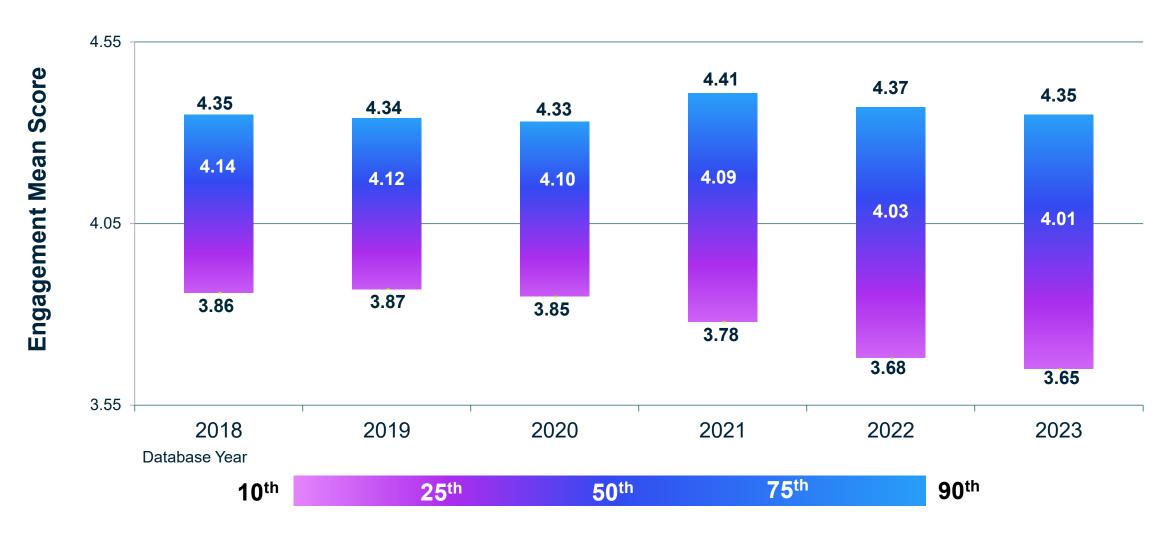


RN Decompression

YEAR OVER YEAR DECLINES 2019 - 2021 WITH HOPE ON THE HORIZON



National Healthcare Avg Trending - ENGAGEMENT



Note – National Healthcare Average based on Press Ganey's six (6) Engagement items . Employee respondents 2023 (1.52M), 2022 (1.5M), 2021 (1.64M), 2020 (1.87M), 2019 (1.61M), 2018 (1.42M).

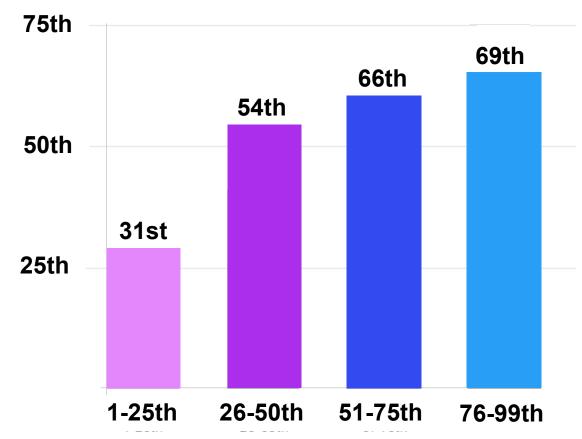


Why Engagement Matters

Patient Experience Performance is Higher at Facilities with Stronger

Workforce Engagement

Inpatient Experience
Likelihood to Recommend
(percentile rank)



Workforce Engagement (percentile rank)



TOP DECILE PERFORMERS

Top Decile Performers Do Better



Senior Leadership



Listen & Respect



Meet Employees' Basic Needs



Safety Focused



Specific Tactics for Improving Engagement

- 1. Senior Leadership Commitment
 - Accountablity
 - Continuous Listening
- 2. Support the individual
 - De-stigmatize sefl-care
 - Respect and Recognition
 - Peer Support & Build Community
- Build the Teams/Train the Leaders
 - Psychological Safety
 - Invest in leader development
- 4. Fix the systems
 - Optimize what you have
 - Engage frontline in solving and prioritizing



¬PressGaney

HX23

Thank You!

Jessica.Dudley@pressganey.com



MOVING FORWARD

National Efforts

2022

CONGRESSIONAL ACTION

Dr. Lorna Breen Health
 Care Provider
 Protection Act

SURGEON GENERAL

Addressing HealthWorker Burnout

NATIONAL ACADEMY

National Plan for Health
 Workforce Well-being

https://drlornabreen.org/about-the-legislation/

https://www.congress.gov/bill/117th-congress/house-bill/1667

https://www.hhs.gov/surgeongeneral/priorities/health-worker-burnout/index.html

